

West Pennant Hills Public School



Celebrating 158 Years of Quality Education

Find us at: Church Street, West Pennant Hills 2125
Email: westpenhil-p.school@det.nsw.edu.au

Telephone: 9484 7400 Facsimile: 9980 6424
Visit our website at: www.westpenhil-p.schools.nsw.edu.au

Newsletter 2
Term 1, Week 4

17th February, 2009

What's On?

16th February, 2009

- Music Festival

20th February, 2009

- New Parents' Lunch

24th February to 13th March,
2009

- Life Education

25th February, 2009

- Swimming Carnival

27th February, 2009

- Class Parent Training

1st March, 2009

- Clean Up Australia

13th March, 2009

- Zone Swimming Carnival
- Paul Kelly Cup

18th March, 2009

- Grandparents' Day
K to Year 4

A GREAT COMMUNITY EFFORT

Thank you to everyone who contributed to the Victorian Bushfire Appeal by donating via our collection tins at the school gates last week. In just a few days \$2,185.40 was raised. These funds were forwarded to the Red Cross. We are pleased to have been able to help in some small way. Thank you to Katrina Brain for co-ordinating the collection.

TEACHERS & PARENTS WORKING TOGETHER

It was wonderful to see so many parents at our Class Information Nights last week. Thank you to both parents and teachers for giving up their time to enable this direct communication between home and school. Your level of interest sends a very powerful message to the children about the value which we all place on education.

IN THE SWIM

Students from Years 3 to 6 and a small number of Year 2 students will be headed to Ryde Aquatic Centre on Wednesday 25th for our school swimming carnival. This is always a great day for individual achievement and House spirit. All parents are welcome to come and cheer-on the swimmers. Thank you to the parents who have already volunteered as time-keepers, life-guards and helpers. We are looking forward to the day.

CARE AND CONSIDERATION

The streets around schools are always extremely busy places immediately before and after school as parents drop-off or pick up their children. Our teachers kindly assist to alleviate much of the congestion and increase safety by supervising our bus lines and walking lines. All drivers can assist by obeying the traffic signs around the school, ensuring that cars are not left unattended in No Parking or Drop-off zones. Unfortunately, NO PARKING in the school car park is available to parents at any time. Thank you for your co-operation and consideration for others.

NSW RTA Parking Law Changes

From the 1st of December 2008 the NSW Roads and Traffic Authority passed a law pertaining to all No Standing Areas.

Changes to parking laws effective 1 December 2008
All 'No Standing' zones become 'No Stopping' zones

NSW parking laws changed from 1 December 2008. To bring our system into line with the Australian Road Rules, all 'No Standing' zones are being removed. 'No Standing' zones have become 'No Stopping' zones.

This means that even in instances where the sign has not yet been changed, the rules for 'No Stopping' apply and a \$189 fine will be incurred for any violation. If, however, you stop in a 'No Stopping' zone that is in an operating school zone the fine is \$243 and 2 demerit points.

'No Parking' and 'Loading Zone' rules remain unchanged.

'No Stopping' = You may not stop your vehicle for any reason.

'No Parking' = You may not stop for longer than 2 minutes and only to drop off or pick up passengers or goods
(i.e you must remain within 3 metres of your vehicle)

Source: RTA Website

Kerri Brickley
Principal

School Activities

Merit Ribbons

Congratulations to the following students who have earned a set of seven mini-merits and have been awarded a Merit Award Ribbon.

Rainbow Sara (5/6F) with two (2) Rainbows; Ayden (5/6F); Francisha (5/6F); Emily (5/6F); Andre (5/6F) with two (2) Rainbows; Alec (5/6F) with two (2) Rainbows; Megan (3/4M); Cassie (3/4M); AJ (5/6F); Jasmin (3HN); Catia (3HN); Nicholas (1G); Rayne (1C); Ewan (5L); Kate (4E) (BRONZE); Victoria (3/4M); and David (5L).

PDHPE Chris (B) (5/6F); and Madeline (5/6F).

Creative Arts Kate (5/6F); and Stephanie (5L).

Science and Technology Peter (6A).

English Nathan (3/4M); Charlotte (5/6F); Emily (5/6F); Thomas M (1G); Chiaara (1C); Jayden (3HN); Sarah-Jane (1M); Nathan (5/6F); Brianna (5/6F); and Carly (6A).

Mathematics Anthony (G) (3/4M).

HSIE Bethany (5/6F); Emily (5/6F); and Kate (6A).

Citizenship Sarah D (3/4M); Victoria (3/4M); Margot (3HN); Ella (3HN); Nathaniel (2W); Gemma (4/5R); Scott (4/5R) with two (2) Citizenship certificates; Rayne (1C); Ronan (3/4M); Dilan (3HN); Stephanie (3/4M); Anthony L (3/4M); Nathan (3/4M); Matthew (3/4M); Jennifer (5L); Erik (3HN); Chiaara (1C); Shani (2W); Taylor (2W); and Sarah M (3/4M).

Well done everyone!

SPORT NEWS

Congratulations to these students ... Sam Collison and Riley Dorman who trialled for the Beecroft Zone Boys Cricket Team. The boys showed their skills and sportsmanship and made it into the final fifteen. Well done kids!

Good luck to Ben Smith and Alec Valanidas who are trialling this week for the Beecroft Zone Tennis Team. We're sure you'll show your talents and fine sportsmanship.

Mums and Dads ... Please feel free to volunteer your time-keeping services for the annual school swimming carnival at Ryde Pool next Wednesday. Kerry Outch is organising the roster. If you own a stopwatch (not a mobile phone stopwatch) please bring it with you. Many thanks.

If you can't volunteer, then bring your lungs with you to help cheer on our fabulous swimmers on the day. See you there. Parents will have their own seating area at the western end of the pool, just for you.

Kathy Molloy
Sports Organiser

Life Education 2009



Life Education will be visiting our school between Tuesday, 24 February and Wednesday, 4 March.

Here is a brief outline of the program that will be seen by the children:

Class	Program	Overview
K-Blue K-Green K- Yellow K-Red	Harold's Surprise	Healthy food choices, importance of physical activity and safety
1C, 1G and 1M	Harold's Mystery Tour	Body workings, passive smoking, safety, decision making
2S, 2G and 2W	Harold's Heroes	Environmental health issues, emergency procedures, individual needs
3M, 3HN,	Harold's Diary	Friendship, resilience, healthy food choices, physical activity
3/4M, 4E and 4/5R	Mind your medicine	Medicines: Use, consequences of misuse, safe and unsafe situations, peer influence, effective communication and positive relationships
5L	The Burning Issue	Smoking, passive smoking, peer influence, and refusal skills
5/6F	It's your call...	Decision making, emotions, pressure, risk taking, problem solving
6A and 6W	News about Booze	Consequence of alcohol use, harm minimization, stay safe situations and refusal skills.

The programs address many of the components and objectives within the NSW Personal Development, Health and Physical Education Curriculum.

The cost of this program is \$9.00 per child and will be included in your semester fees. The cost per child includes the Life Education session, a student workbook and sticker for each child.

There will also be an opportunity for students to purchase Harold Merchandise. Students may go to the Life Education Van and purchase the products below during the second half of lunch on Monday 2 March, Tuesday 3 March and Wednesday 4 March.

Product Description	Price Incl. GST	Product Description	Price Incl. GST
Tattoo	\$0.50	Floppy Frisbee	\$3.00
Harold Eraser	\$0.50	Stationary set	\$3.00
Harold Bag Tag	\$1.50	Harold Watch	\$8.00
Harold's Handy Bag	\$2.00		

A parent session will be held on Tuesday 24 February at 9am. Please return the slip below if you are planning to attend this session.

✂ -----

Student Name: Class:

I will be attending the Life Education parent session on Tuesday 24 February at 9am.

Parent Name:

.....
Parent Signature Date

**EXCITING NEW SERVICE AT WEST PENNANT HILLS PUBLIC SCHOOL
ON-SITE SPEECH THERAPY**

Does your child need help with:

- Speaking clearly (articulation)
- Reading or Spelling
- Learning
- Following instructions or understanding school work
- Giving clear explanations or telling you news
- Writing stories and completing projects
- Social skills (making and keeping friends)
- Attention and listening

Sarah Williams, Speech Pathologist from North Shore Speech Therapy will be attending West Pennant Hills Public School for one (1) day per week to provide private Speech Therapy sessions onsite.

Sarah specialises in the school-aged population and can provide valuable information regarding your child's learning needs. She will liaise with Classroom and Learning Support Teachers in order to provide the best management for your child and can give practical advice that will support your child's access of the school curriculum and academic success.

Parents are encouraged to attend sessions to learn strategies and maximise therapy gains.

Interested?

If you are interested in having your child attend speech therapy at school please call Sarah at North Shore Speech Therapy on 9411 3727 or complete the 'Expressions of Interest' slip below and hand this into the school office.

Sarah will contact you to discuss the service and arrange the initial therapy consultation. Places are limited and will fill up quickly so don't delay.

Website www.speechtherapy.com.au

✂ -----
(Please detach and return to school office)

I would like Sarah Williams to contact me regarding the onsite Speech Pathology service at West Pennant Hills Public School.

Parent Name:

Child's Name:

Date of Birth: **School Year:**

Telephone Numbers

(Home)

(Work)

(Mobile)

P&C Pickings



Band Report

Welcome to the 2009 Band program. We are very excited to announce that we have 135 children enrolled in band this year, under the directorship of Ms Renee Burrows. This is our highest number ever!!

We are starting the year with 2 new French horns, a new trumpet and 2 new saxophones to keep up with the demand for our program. Band rehearsals started last week, with Juniors rehearsing Mondays, Senior Band rehearsing Wednesday and Friday and our Performance Band on Tuesdays and Thursdays. Some tutorials have commenced with the others kicking into action this week. We warmly welcome our additional brass tutor, Mr Rob Sidaway, to our tutoring staff. We were all very impressed with the enthusiasm of our new Junior Band and we are really looking forward to watching them develop into budding musicians.

Our first big calendar event is Band Camp on the weekend of 28th – 30th March. Notes about camp have been sent home via email to the parents.

Band Committee

'Clean Up Australia Day – Sunday, 1st March, 2009

The West Pennant Hills Public School Environment Committee would like to invite you to participate in its annual Clean Up Australia Day activity.

Target Project(s) - An enjoyable day for the entire school community and maybe some rubbish, stick and leaf litter removal, pruning of 'The Garden', mulching, mulching and more mulching!



Many hands make light work, so please lend a hand to help improve our children's school environment.

Time: Any time between 9.00am – 2.00pm

Morning Tea: Hot & Cold drinks provided

Lunch: Free Sausage Sizzle (12.30 – 1.30pm)

Bring: Gloves, Tools (rake, trowel, fork, spade, saw, barrow, bucket, etc.).

Further details can be found at our Clean Up Australia Day website at <http://events.cleanup.org.au/?West+Pennant+Hills+Public+School>

Any time you can spare will be greatly appreciated, so bring the family and help us, and other volunteers, with the on-going improvements around the school. Thanks in anticipation.

For further details contact Jill Randle PH: 9980 6327, Leone Robb PH: 0419 230 413 or Fiona Eadie PH: 0414 729 925.

Uniform Shop News

WPHPS Uniform shop invites you to our AGM on Monday 2 March 2009 at 9:30am in the teacher's staffroom. Morning tea provided and toddlers are welcome.



If you have an interest in **our** children's uniform, the quality, durability and style please come along and without any commitment have a listen ask questions and decide if this committee is for you.

In 2009 we will unfortunately be farewelling 3 of our 7 committee members. We are sad to farewell them but they have completed 7 years at our school (and to uniform shop) and their kids are moving on to high school.

The uniform shop needs parent helpers to assist families make their uniform purchases each Monday between 2:15pm – 3:15pm.No cash handling required. Support is on hand and generally we have 3 parent helpers available. If you have an hour available and would like to support us please join us at our AGM.

The uniform shop is run solely by parent volunteers and all profits made from uniform purchases go directly to the P&C which contributes to the overall goals of the school. You are welcome to come and meet other parents, enjoy a cuppa, have a chat, ask lots of questions and determine if you would like to support the uniform shop on a Monday or join the committee. You are under no obligation to make a decision at the meeting.

Uniform shop AGM Monday 2nd March 2009 9:30am – 10:30am Teacher's staffroom.

Uniform shop helpers for the next fortnight:

Cashiers
23rd February
Kerry Outch
Melina Moyes

Helpers
Ruth Affleck, Kelly O'Connor, Martha Thomas

2nd March
Chris Vanden Dool
Karen Ancombe

Judith Pallier, Narelle Wilson

Thank you for assisting parents with their uniform purchases on Monday afternoon between 2.15pm – 3.15pm, your time is appreciated.

Treasurer role VACANT

If you are confident with computers, MYOB, accounts, stocktaking and other administrative and financial tasks the uniform shop **NEEDS** you. If you would like more information about this role please contact Chris Vanden Dool on 9871 5452.

Hats

Did you know that school hats are available for purchase at the office? If your child has misplaced their hat or left it at home (*again*) please see the administrative staff in the office. Hats \$10.00

Opening hours

Monday between 2:15pm – 3:15pm. If this time is not convenient and you wish to make a purchase, the clothing items and price list is available on the school website. Please download an order form completed the required fields and place the correct money into a sealed envelope in the Uniform shop "blue box" at the end of the administrative block.

Uniform Shop Committee

Canteen News

Placing a lunch order

If you are ordering a hot item and a cold item please provide **2** lunch bags to keep the items separate. Despite the large size of our printed lunch order bags you will need to separate the items. This may also be advisable with a sandwich order (nobody likes a squished lunch).

KINDERGARTEN PARENTS PLEASE REMEMBER TO PUT YOUR CHILD'S CLASS COLOUR on YOUR LUNCH ORDER BAG e.g. K RED, K BLUE etc.

Years K-2

Place your name and lunch order details clearly at the bottom half of a lunch order bag. Place the correct money (preferably) in the bag and into the red tin outside Mrs Wagner's room - K-2 assembly veranda before 9am. If change is required it will be taped to the lunch bag. Please inform your child as they may dispose of the bag and the money.

Years 3 – 6 can place their order before 9am directly at the canteen window which is open from 8:30am.

Note: the canteen is open from Tuesday – Friday from 8:30am. Children can order milk, water or juice between 8:30 am – 8:55am. "Munch Crunch", fruit break and "Sip 'n' Crunch" are just some of the exciting names given to the 10am **STOP** and munch/crunch and have a sip of **water**.

- **Remember that only plain water is allowed to be consumed in the Classroom.** Juices, cordials, soft drinks or milk drinks are not permitted.

What a wonderful initiative WPHPS!! Parents if you have run out of fruit/veg or just forgotten to pack something for 'munch crunch' time. Please feel free to visit the canteen between 8:30am – 9am to purchase a piece of fruit/vegetable and/or a bottle of water.

Tips to support "Munch Crunch"

- ✓ Be a role model to your child
- ✓ Plan ahead
- ✓ Allow children to be involved
- ✓ Select a small and manageable piece of fruit or vegetable e.g. carrot sticks, celery cubes, cherry tomatoes, grapes, plums, apricots etc
- ✓ Encourage variety
- ✓ No huge pieces of fruit, like whole apples. Cut pieces preferably.

Recommended daily intake of fruit and vegetables for children

Age of child (years)	Fruit (serves)	Vegetables (serves)
4-7	1-2	2-4
8-11	1-2	3-5

The recommendations for fruit and vegetable intake depend on a child's diet, age, appetite and activity levels. The lower serve number is recommended for children who eat a diet that is high in cereal foods such as rice, pasta and breads. The higher number of serves is recommended for children who eat a diet that is more evenly spread across all the food groups.

Information extracted from Department of Health, 2006.

Recess specials

We will continue to sell our yummy recess specials but please look out for some exciting new recess options. Including; jelly cups, mini hot cross buns, Quelch new fruit combo flavours, cheesy baked potato wedges, corn on the cob(fresh), cheese and crackers, baked potatoes with toppings, pasta with sauce, nachos, banana bread, vegetarian fried rice, soup in a cup, wraps, different salads such as potato or tuna and pasta, corn thins with spreads, burger patties. The canteen will continue to have fresh seasonal fruit and vegetables available daily for purchase. Fresh fruit and vegetables are available for purchase at a minimal cost i.e.: grapes in a cup 50 cents, watermelon slices 30 cents, nectarines 30 cents, apricots 40cents.

Sushi

Sushi remains available each **Tuesday** and **Thursday** as a lunch order. The sushi order is placed at 9:15am. It is delivered fresh to the canteen. Please indicate on your lunch order bag your preferred sushi roll choice. Each roll is \$2.50.

School lunches

Nutritious school lunches are important as they provide the fuel for learning. Because school lunch time is short, and your child may be more interested in playing with their friends than eating it's best to stick to simple, small size, easy to handle lunch. For healthy lunch box ideas visit: www.Kidspot.com.au

Special Days – No pre-orders required!!!

Tuesday 24th February Pancake Day
Wednesday 25th February "Frog in a Pond" - Jelly Cup Special (K-2 ONLY)

Watch this space for Upcoming Canteen Events

- ❖ Batlow Apples direct from the grower coming soon,
- ❖ Apple slinky machine – ideal time to buy one!
- ❖ Mother's Day surprise!

Main Canteen Roster 2009

Our 2009 CANTEEN ROSTER has now been finalized. If you do not receive a roster in the next week please email Debbie Coetzee at Kcoetzee@bigpond.net.au

Canteen Annual General Meeting 4 February 2009

The following canteen committee was elected:

Canteen President/ Coordinator

Rita Kahveci

Treasurer

Malcolm Finlayson

Secretary

Elizabeth Walder

Roster coordinators:

Main canteen roster

Debbie Coetzee

K-2 recess roster

Sarah Woolley

Committee members

Selvi Nadaradjane, Lisa Sewerle, Robyn Watts, Sally Gould, Debbie Romanis, Marion Berry

Congratulations to all and welcome to our new members!

Canteen Committee Meeting

Our second canteen meeting for the year is on Wednesday, 4th March 2009. We meet in the staff room and commence at 1:30pm. All welcome.

Canteen Committee

West Pennant Hills Public School School Directory 2009

The P&C collate and distribute a school directory each year for use of families within the school. The directory provides contact details for participating families and the class lists. It has proven to be a really handy tool for organising birthdays, class gatherings or emergency lifts to school!!

If you would like your details to appear in the 2009 WPHPS directory, please email these details to Narelle Williams at nwenjo@tpg.com.au.

Alternatively, complete the *details you would like to appear* and return this form to the **BLUE BOX AT FRONT OFFICE BY 20TH FEBRUARY**.

1. Child's Name Class/ Year.....
2. Child's Name Class/ Year.....
3. Child's Name Class/ Year.....
4. Child's Name Class/ Year.....

Please include our family in the school directory, our details are the same as in 2008

Address:

.....

Parent/Guardian 1	Parent/Guardian 2
Surname:	Surname:
First Name:	First Name:
Home Phone:	Home Phone:
Work phone:	Work phone:
Mobile:	Mobile:
Email:	Email:

We would like the P&C committee to inform us of upcoming events by email.

Advertising

- Script work for stage, film & TV
- Improvisation & theatre sport
- Presentation Skills
- Voice/Speech Training



Drama Classes

Baulkham Hills, Penrith, Ultimo, Pennant Hills

Students currently in *Blue Water High, All Saints, Home & Away, Neighbours, Billy Elliot, Pirate Island, Sea Patrol*, feature films, TV series, commercials and more

Tel 9211-6366 www.sydneytalent.com

Community News

WESTSIDE SCHOOL OF DANCING

Dance classes held in School Hall commencing 2nd February, for all ages from Pre-schoolers through to adults. Girls and boys welcome. Classes held in classical ballet, modern, tap and jazz. Enquiries – Nancye Pinfold 9484 5119 or 0411 135 119.

PILATES PLUS

Pilates Mat/Stretch classes held in School Hall – Thursday, 7 to 80pm. Commencing 5th February, BYO mat. Enrolments Jenne Jadresic 0402 425 119.



West Pennant Hills Scout Group Open Day 2009

Sunday 22 February 1 – 3pm

For over 100 years Scouts have offered a program to young people which helps develop them through teamwork and using their own initiative. Scouts believe encouraging young people to “be prepared” is more important today than ever!

What should you be prepared for? Fun and adventure, team involvement, helping other people, being a leader, making friends, caring for the environment, and being a positive influence in your community.

We now have three sections: Cub Scouts (Age 7 – 11), Scouts (Age 11 – 15) and Venturers (Age 15 -18)

**Come along to our OPEN DAY
1pm on Sunday 22nd February 2009**

at
**West Pennant Hills Scout Hall, Campbell Park, Wilga Street
West Pennant Hills, NSW 2125
DON'T MISS OUT!! BBQ, GAMES & FUN FOR ALL!!**

Open Night

**Asquith Boys High School
Pacific Highway, Asquith
Phone: 02 9477 3508
Web: abhs.nsw.edu.au**

Tuesday 3rd March 2009 from 6.30pm

Principal's Address 7pm followed by tours of the school and faculty displays.

The enrichment class placement test will be held on Saturday 14th March, 2009.

Applications close Thursday 5th March

Please contact: Bruce Collins, Deputy Principal on 02 9477 3508 or email bruce.collins@det.nsw.edu.au for an information package

Attention all Parents

Hurry last opportunity (classes are starting now) to enrol your kids in fun **dance lessons** that will keep them happy and fit in 2009. We cater for girls and boys aged 4 – 13 years old.

We provide fun dance lessons **straight after school in the school hall** every Friday. Kids will have lots of fun, plenty of exercise, build up their confidence, learn new dance skills and you will have time to yourself for an extra hour a week.

Lessons are from 3.15 pm – 4.15 pm for kids aged 4 - 8 and 4.15 pm – 5.15 pm for kids aged 9 - 13 every Friday in the school hall. Students will learn the basic / intermediate technique for Jazz, Bollywood, Hip Hop and Contemporary dance.

Registration is \$25.00, lessons are \$13.75 each.

Please call Jo at the Australian Dance and Music Company Pty Ltd on 0410 234 278 for more info or you can log onto our website www.austdancemusic.com.au 18 locations over Sydney, all qualified dance teachers.

How do I talk to Johnny about whether there is alcohol at tonight's party without him getting angry?

Should I talk to Sophie about alcohol and drugs yet? She is only 13.

LET'S TALK ABOUT DRUGS AND ALCOHOL

This is an invitation to parents to attend a FREE two day 'Parents Prepared' peer education program in Hornsby.

You will learn up to date information AND tips and strategies to use when talking to your teenager about drugs, alcohol, parties ...and even messy bedrooms!

Registrations are essential! Lunch is provided!
For more information or to register please contact Karin El-Monir on 9977 0711 or Karin@mdecc.org.au

Prepared Parents

Next Program:
Saturday 28th February & 7th March
9am-4:30pm @ Hornsby Youth and Family Centre
Cnr Burdett & Muriel St, Hornsby

GIRLS SOCCER FOR

WEST PENNANT HILLS/CHERRYBROOK SOCCER CLUB

We are looking for girls born in 1999 or 2000 to come along and join our U10 all girls soccer team.

We are also looking for girls born in 1997 or 1998 to come along and join our U12 all girls soccer team.

Please contact me directly on 0416 038 080 or use my email address denise.robinson@hp.com